# Sentinel Watch - March 2023 Phone Edition

These descriptions are intended to support branch churches and individuals who would like to share and promote the upcoming Sentinel Watch topics. You're more than welcome to adapt these descriptions for your individual use. Feel free to use the information in a way that best meets the needs of your community.

March 6, 2023

### Effective healthcare: practicing Christian Science

Guests: Amanda Kiser

What does it mean to practice Christian Science? This week's guest shares how learning more about God and herself through her day-to-day spiritual study and prayer has blessed her and brought healings and spiritual growth.

March 13, 2023

### **Tackling Inequality**

Guests: Mark Sappenfield

If you've ever been treated unfairly—and most of us have at some point—you have dealt with inequality. If you look closely, it's at the core of most of the world's problems. Host David Brown talks with Mark Sappenfield about a spiritual perspective that moves the needle toward healing inequality of all types.

March 20, 2023

#### Law and order

Guests: Kevin Ness

Host David Brown speaks with Christian Science teacher and trained lawyer, Kevin Ness, about how Christian Science helped his former legal practice. Kevin shares how what he learned from law helped his practice of Christian Science, and how those lessons support law and order.

March 27, 2023

## Let yourself be loved

Guests: Tony Lobl

Love is the topic of the day: romantic love, familial love—all kinds of love. It's what we all long for, but often feel we're missing. This week's guest, Tony Lobl, talks about what he's learned about feeling true love in a consistent, tangible way. It all starts with God.